

PEANUT ORAL IMMUNOTHERAPY

Adult OIT Now Available

Referrals from allergists ONLY. The following is required at the time of referral:

- Bloodwork: sIgE to peanut, Ara H2, and Ara H8, total IgE and CBC with differential
- Spirometry including pre- and post-bronchodilator or recent methacholine

Considerations:

- Oral food challenges to be performed by referring allergist if clinically indicated
- Confirmation of absence of dysphagia or symptoms of potential EoE (please refer to GI first)
- Asthmatics must be treated with regular inhaled corticosteroids at minimum
- Patients on B-blockers or ACE-Inhibitors cannot be considered at this time
- Unstable medical, oncologic, or cardiac conditions, or current/future pregnancy should not be referred at this time.
- The management of new and chronic allergic diseases, including allergic rhinitis, asthma, atopic dermatitis, and other conditions, remains under the care of the referring allergist and/or primary care provider

OIT is an uninsured service. All visits, including the initial assessment are billed privately to the patient. Please use the attached referral.

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Peanut Oral Immunotherapy Referral

Patient Demographics

Name:
DOB:
Email:
Phone Number:

Referring Allergists NAME: _____

Primary Care Provider: _____

The following patient is being referred for PEANUT OIT.

Attached to this referral (please check off to confirm attached):

- Peanut IgE, Ara H2 and Ara H8
- CBC and differential
- Total IgE
- Spirometry with pre- and post-bronchodilator and/or recent methacholine

Other considerations (please check off to indicate these have been reviewed):

- Oral food challenge discussed and performed by referring allergist, if clinically indicated
- Absence of dysphagia, or symptoms of potential or current EoE (if there are clinical concerns, a refer to GI is required first with GI clearance for this)
- Asthmatics must be treated with regular inhaled corticosteroids with no exacerbations in the last 2 years. Note: patients on biologics with stable asthma may be eligible.
- Patient must not be on B-blockers or ACE-Inhibitors
- Contraindications reviewed, including unstable medical or oncologic, cardiac conditions, and current or planned pregnancy.

- NOTICE OF UNDERSTANDING:** I understand that the management of new and chronic allergic diseases, including allergic rhinitis, asthma, atopic dermatitis, and other conditions, remains under the care of the referring allergist and/or primary care provider.

Referral may be sent via FAX: 905 592 2299 or EMAIL: info@haltonpediatricallergy.com